

aland Rankings 2007

Women All Classes & Ages

3-lift

| | Ranking | Name | Age Group | Best Total | Wilks |
|------|---------|-------------------------|------------|------------|-------|
| 44 | | | | | |
| 48 | | | | | |
| 52 | 1 | Trish Muldrock | M1 | 322.5 | |
| | 1 | Ali Gascoine | M1 | 345.0 | |
| | 2 | Merina Foster | Open | 260.0 | |
| 56 | | | | | |
| | 1 | Tania Green | Open | 307.5 | |
| | 2 | Sarah Griffiths | M1 | 285.0 | |
| | 3 | Cherry Wilson | M2 | 250.0 | |
| | 4 | Rene Riksem | Open | 237.5 | |
| | 5 | Michelle de Bes | Open | 232.5 | |
| 60 | | | | | |
| | 1 | Maria Brightwater-Wharf | M1 | 395.0 | |
| | 2 | Tania Green | Open | 357.5 | |
| 67.5 | | | | | |
| | 1 | Marie Soffe | M1 | 387.5 | |
| | 2 | Serena Perry | M1 | 380.0 | |
| | 3 | Becky Soffe | Sub-Junior | 322.5 | |
| | 4 | Lisa Henderson | Open | 287.5 | |
| | 5 | Trish Buckman | M1 | 285.0 | |
| 75 | | | | | |
| | 1 | Debbie Turner | M2 | 405.0 | |
| | 2 | Tash Armstrong | Sub-Junior | 388.5 | |
| 82.5 | | | | | |
| | 1 | Tulua Sekone-Fraser | Sub-Junior | 430.0 | |
| 90 | | | | | |
| | 1 | Jackie Buckley-Gray | M1 | 530.0 | |
| | 2 | Tulua Sekone-Fraser | Sub-Junior | 395.0 | |
| 90+ | | | | | |
| | 1 | Jackie Buckley-Gray | M1 | 587.5 | |
| | 2 | Sonia Manaena | M1 | 545.0 | |
| | 3 | Joy Heta | M1 | 345.0 | |
| | 4 | Sarah-Jane Dore | Open | 190.0 | |

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| Women | All Classes & Ages | Benchpress |
|-------|--------------------|------------|
| 44 | | |
| 48 | | |
| 52 | 1 Trish Muldrock | M1 82.5 |
| 56 | | |
| 60 | | |
| | 1 Tania Green | Open 92.5 |
| | 2 Julie Halmond | M3 71.0 |
| 67.5 | | |
| | 1 Serena Perry | M1 92.5 |
| | 2 Trish Buckman | M1 70.0 |
| | 3 Colleen Cadman | M1 67.5 |
| 75 | | |
| 82.5 | 1 Debbie Turner | M2 112.5 |
| 90 | | |
| 90+ | | |
| | 1 Joy Heta | M1 92.5 |

Qualifying
Standard

