

AUCKLAND POWERLIFTING RECORDS

Updated 18-Mar-08

**Open Women**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
48KG	M.Johnson	<b>135</b>	M.Johnson	<b>62.5</b>	M.Johnson	<b>137.5</b>	M.Johnson	<b>335</b>
52KG	A. Gascoine	<b>122.5</b>	Ali Gascoine	<b>65</b>	A. Gascoine	<b>162.5</b>	A. Gascoine	<b>345</b>
56KG	S.Griffiths	<b>122.5</b>	T.Green	<b>75</b>	Standard	<b>122.5</b>	T.Green	<b>317.5</b>
60KG	T.Green	<b>132.5</b>	T.Green	<b>92.5</b>	S.Rogers	<b>140</b>	T.Green	<b>350</b>
67.5KG	N.Goffin	<b>155</b>	R.Jessop	<b>110</b>	R.Jessop	<b>167.5</b>	R.Jessop	<b>427.5</b>
75KG	N.Goffin	<b>165</b>	N.Goffin	<b>111</b>	N.Goffin	<b>170</b>	N.Goffin	<b>442.5</b>
82.5KG	J.Boulgaris	<b>175</b>	J.Boulgaris	<b>110</b>	J.Boulgaris	<b>175</b>	J.Boulgaris	<b>460</b>
90KG	Standard	<b>147.5</b>	Standard	<b>90</b>	Standard	<b>170</b>	Standard	<b>410</b>
90+KG	T.Smith	<b>160</b>	T.Smith	<b>92.5</b>	Standard	<b>175</b>	Standard	<b>412.5</b>

**Under 23 Women**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
44KG	Standard	<b>77.5</b>	Standard	<b>47.5</b>	Standard	<b>87.5</b>	Standard	<b>212.5</b>
48KG	M.Johnson	<b>82.5</b>	Standard	<b>50</b>	Standard	<b>97.5</b>	Standard	<b>230</b>
52KG	Standard	<b>87.5</b>	Standard	<b>55</b>	Standard	<b>100</b>	Standard	<b>242.5</b>
56KG	Standard	<b>92.5</b>	Standard	<b>57.5</b>	Standard	<b>107.5</b>	Standard	<b>257.5</b>
60KG	R.Taka	<b>135</b>	R.Taka	<b>80</b>	R.Taka	<b>137.5</b>	R.Taka	<b>352.5</b>
67.5KG	N.Goffin	<b>155</b>	R.Jessop	<b>100</b>	N.Goffin	<b>162.5</b>	N.Goffin	<b>415</b>
75KG	N.Goffin	<b>165</b>	N.Goffin	<b>111</b>	N.Goffin	<b>175</b>	N.Goffin	<b>442.5</b>
82.5KG	Standard	<b>125</b>	Standard	<b>75</b>	Standard	<b>142.5</b>	Standard	<b>342.5</b>
90KG	Standard	<b>130</b>	Standard	<b>80</b>	Standard	<b>152.5</b>	Standard	<b>362.5</b>
90+KG	Standard	<b>132.5</b>	Standard	<b>82.5</b>	Standard	<b>160</b>	Standard	<b>365</b>

**Master Women 40-49**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
48KG	Standard	<b>70</b>	Standard	<b>42.5</b>	Standard	<b>90</b>	Standard	<b>202.5</b>
52KG	A. Gascoine	<b>122.5</b>	A. Gascoine	<b>65</b>	A. Gascoine	<b>162.5</b>	A. Gascoine	<b>345</b>
56KG	S.Griffiths	<b>110</b>	S.Griffiths	<b>52.5</b>	S.Griffiths	<b>122.5</b>	S.Griffiths	<b>285</b>
60KG	Standard	<b>85</b>	Standard	<b>55</b>	Standard	<b>107.5</b>	Standard	<b>247.5</b>
67.5KG	S. Cardno	<b>100</b>	S. Cardno	<b>62.5</b>	Standard	<b>112.5</b>	S. Cardno	<b>270</b>
75KG	Standard	<b>97.5</b>	Standard	<b>65</b>	Standard	<b>120</b>	Standard	<b>282.5</b>
82.5KG	Standard	<b>105</b>	Standard	<b>67.5</b>	Standard	<b>130</b>	Standard	<b>302.5</b>
90KG	Standard	<b>112.5</b>	Standard	<b>70</b>	Standard	<b>135</b>	Standard	<b>317.5</b>
90+KG	Standard	<b>120</b>	Standard	<b>75</b>	Standard	<b>145</b>	Standard	<b>340</b>

**Master Women 50+**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
48KG	Standard	<b>65</b>	Standard	<b>37.5</b>	Standard	<b>85</b>	Standard	<b>187.5</b>
52KG	Standard	<b>70</b>	Standard	<b>42.5</b>	Standard	<b>90</b>	Standard	<b>202.5</b>
56KG	C.Wilson	<b>90</b>	C.Wilson	<b>45</b>	C.Wilson	<b>120</b>	C.Wilson	<b>250</b>
60KG	A.Fletcher	<b>100</b>	A.Fletcher	<b>52.5</b>	A.Fletcher	<b>115</b>	A.Fletcher	<b>267.5</b>
67.5KG	Standard	<b>87.5</b>	Standard	<b>55</b>	Standard	<b>107.5</b>	Standard	<b>250</b>
75KG	Standard	<b>92.5</b>	Standard	<b>60</b>	Standard	<b>112.5</b>	Standard	<b>265</b>
82.5KG	Standard	<b>100</b>	Standard	<b>62.5</b>	Standard	<b>120</b>	Standard	<b>282.5</b>
90KG	Standard	<b>107.5</b>	Standard	<b>65</b>	Standard	<b>130</b>	Standard	<b>302.5</b>
90+KG	Standard	<b>112.5</b>	Standard	<b>70</b>	Standard	<b>135</b>	Standard	<b>317.5</b>