

Results of the Northland Bench Press Championships held at Brian's Gym, Dargaville, on Saturday 12th May.

Eighteen lifters competed from all over Northland breaking six Northland records!

Women's Results.

52 kg Class

50-59 1st Trish Muldrock, Kaikohe, 82.5kg

60kg Class

60+ 1st Julie Hallmond, Whangarei, 65kg

90kg+ Class

Open Women 1st Taari Murray, Kaitaia, 120kg.

2nd Claire Thorne, Whangarei, 100kg.

40-49 1st Joy Heta, Kaitaia, 90kg.

Mens Results.

67.5kg Class

Junior Under 19 1st Ming Ming Edgar, Dargaville, 77.5kg

75kg Class

40-49 1st Brian Froggatt, Dargaville, 155kg

60-69 1st John Toms, Kerikeri, 80kg Northland Record.

70+ 1st Tom Petricevich, Kaitaia, 95kg Northland Record.

82.5kg Class

Junior Under 24 - 1st Jason Van Leeuwen, Dargaville, 120kg Northland Record.

40-49 1st Gerard Anderson, Whangarei 115kg.

90kg Class

Junior Under 19 1st Shane Lowe, Kerikeri, 127.5kg Northland Record.

100kg Class

Open Men 1st Reuben Cohen, Dargaville, 150kg.

40-49 1st Tony Urlich, Kaitaia, 125kg.

50-59 1st Richard Ayton, Kerikeri, 135kg.

110kg Class

Open Men 1st Stan Day, Kaitaia, 220kg

2nd Leon O'Connor, Kaitaia, 180kg.

125kg Class

40-49 1st Alan Heta, Kaitaia, 170kg Northland Record.

125kg+ Class

40-49 1st Bob Harrison, Kaitaia, 200kg Northland Record.

Overall Results

Best Lifter Open Women Taari Murray 94.40 pts

Best Lifter Master Women 40-49 Joy Heta 73.70 pts

Best Lifter Master Women 50-59 Trish Muldrock 108.75 pts

Best Lifter Master Women 60+ Julie Hallmond 73.8 pts

Best Junior Men Lifter Jason VanLeeuwen	84.80 pts
Best Lifter Open Men Lifter Stan Day	132.70 pts
Best Lifter Master Men 40-49 Bob Harrison	111.92 pts
Best Lifter Master Men 50-59 Richard Ayton	82.76 pts
Best Lifter Master Men 60-69 John Toms	57.76 pts
Best Lifter Master Men 70+ Tom Petricevich	67.82 pts