

Northland Powerlifting Championships 2008											Brian's Gym, Dargaville			March 29	
Round 1					Squat			Bench Press			Sub	Deadlift		Northland F	
No.	Name	Class	Club	Bwt.	1	2	3	1	2	3	Total	1	2	3	Total
1	Trish Muldrock	M50 48	KK	47.96	65	<del>65</del>	<del>65</del>	80	82.5	<del>83.5</del>	147.5	100	120	125	272.5
2															
3	Amanda Bates	U24 52	KK	50.1	60*	<del>65</del>	<del>65</del>	32.5*	35*	37.5*	97.5	75*	80*	90*	187.5*
4	Susan Haines	M40 52	KK	50.82	62.5	65	70	50	<del>52.5</del>	<del>52.5</del>	120	80	82.5	85	202.5
5	Sandy Harricks	M40 52	KK	48.56	60	<del>65</del>	70	40	45	<del>50</del>	115	80	85	<del>87.5</del>	220
6															
7	Karen Thomson	M40 60	DG	56.3	110	120	125	75	80	85	210	115	127.5	135*	345*
8															
9	Douglas Hope	U19 60	KK	60	90	95	100	70*	<del>80</del>	<del>80</del>	170	120	130	140	310*
10															
11	Ming Ming Edgar	U19 67.5	DG	67.5	110	120	125	75	80	85	210	130	140	145	355
12	Tony Russell	U19 67.5	DG	66.96	70	75	80	45	50	60	140	100	110	120	260
13															
14	Stephen Pickens	M50 75	KK	72.98	100*	120*	<del>120*</del>	125*	<del>132.5</del>	<del>132.5</del>	245	140*	180*	<del>200</del>	425*
15	John Toms	M60 75	KK	72.96	85	90	95	75	80	<del>82.5</del>	175	<del>140</del>	<del>140</del>	<del>140</del>	DNT
16	Round 2														
17	Bevan Joyce	OM 82.5	KK	82.1	120	130	140	<del>90</del>	90	100	240	180	190	<del>200</del>	490
18	Brian Froggatt	M50 82.5	DG	79.62	75	85	90	155*	160*	165*	255	140	150	155	410
19															
20	Zane Harris	U19 90	DG	84.06	100	110	120	<del>90</del>	90	95	215	120	135	145	360
21	Hadley Bates	U19 90	KK	85.86	70	80	90	50	55	<del>65</del>	145	95	110	<del>120</del>	255
22															
23	George Whippy	JU19100	DG	92.62	130*	140*	150*	95	100	105	255	140*	150*	165*	420*
24	Caleb Wright	JU19100	KK	90.96	110	120	125	100*	110*	125*	250	120	130	145	395
25	Max Francis	JU19100	KK	94.56	70	80	100	60	65	<del>75</del>	165	115	130	<del>145</del>	295
26	Kevin Barker	M50 100	KK	92.92	140	<del>150</del>	150	90	100	110	160	180	200	210	470
27	Richard Ayton	M60 100	KK	94.12	160	170	<del>180</del>	110	115	120*	290	180	190	200	490*
28															
Side Referee:Julie Hallmond			Centre Referee; Steve Lousich						Side Referee:Anthony Warren						

th	
Records *	
Place	Formula
1	361.47
1	240.5
1	257.01
2	
1	404.23
1	264.39
1	273.7
2	
1	309.01
1	329.23
1	280.8
1	238.6
2	
1	264.39
2	
3	
1	295.39
1	306.1