New Zealand Powerlifting Federation (Inc)

Competition: Powerhouse Novice **Date:** 24/02/2007 **Venue:** Powerhouse Gym

Side Referee: Phil Townley Snr **Centre Referee:** Phil Townley Jnr **Side Referee:** Nick Toulis

Name	Provn Assn	Class	Body Weight	Squat 1	Squat 2	Squat 3	Benchpress 1	Benchpress 2	Benchpress 3	Sub	Deadlift 1	Deadlift 2	Deadlift 3	Total	Place	Wilks Formula
Michele Debes		56kg OW	55.5	50	~~60~~	60	40	45	47.5	**107.5**	80	85	90	**197.5**	1st	234.0
Donna Riddell		60kg OW	56.8	55	60	65	35	40	~~42.5~~	**105**	80	85	95	**200**	1st	232.7
Liegh Matheson		75kg OW	71.5	110	117.5	122.5	60	65	~~67.5~~	**187.5**	120	130	135	**322.5**	1st	316.2
Tecwyn Williamson		82.5kg MI	76.2	160	190	200	110	125	~~132.5~~	**325**	180	210	220	**545**	1st	384.1
Campbell Moore		82.5 OM	82.5	120	135	145	100	107.5	~~112.5~~	**252.5**	140	150	160	**412.5**	1st	276.3
Bill Quinn		100kg MI	97.3	140	~~180~~	~~180~~	100	110	~~115~~	**250**	180	200	220	**470**	1st	289.3
Brendon Blanchard		100kg OM	95.2	120	140	155	145	155	~~162.5~~	**310**	130	160	180	**490**	2nd	304.5
Steve Luck		100kg OM	98	~~150~~	150	157.5	85	92.5	100	**257.5**	160	170	180	**437.5**	3rd	268.5
Damon Tafatu		100kg OM	100	230	250	~~260~~	180	~~220~~	~~230~~	**430**	230	270	~~275~~	**700**	1st	426.0

4th Attempts