

**AUCKLAND POWERLIFTING RECORDS**

Updated 30-May-10

Open Men

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
52KG	Standard	137.5	Standard	85	Standard	147.5	Standard	370
56KG	S.Howlett	205	S.Howlett	110	S.Howlett	185	S.Howlett	495
60KG	S.Howlett	212.5	S.Howlett	107.5	S.Howlett	180	S.Howlett	510
67.5KG	N.Tepa	222.5	N.Tepa	140	N.Tepa	230	N.Tepa	582.5
75KG	G.Cairns	240	S.Thompson	165	S.Thompson	220	S.Thompson	592.5
82.5KG	S.King	260	D.Giblin	180	G.Anderson	280	S.King	662.5
90KG	S.King	272.5	D.Giblin	190	S.Weaver	275	S.Weaver	710
100KG	R.Tupauniua	315	D.Dunford	210.5	R.Tupauniua	300	R.Tupauniua	800
110KG	S.Weaver	330	S.Lousich	252.5	S.Weaver	312.5	S.Weaver	857.5
125KG	R.Simanu	342.5	S.Lousich	260.5	Rona Simanu	305	R.Simanu	862.5
125+KG	L.Stewart	375	V.Moahengi	260	M.Rossiter	305	V.Moahengi	910

**Under 18 Men**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
52KG	Standard	100	Standard	60	Standard	105	Standard	265
56KG	Standard	105	Standard	65	Standard	115	Standard	285
60KG	Standard	115	Standard	70	Standard	125	Standard	310
67.5KG	Standard	125	Standard	77.5	J.Strachan	145	Standard	347.5
75KG	J.Strachan	220	J.Strachan	117.5	J.Strachan	207.5	J.Strachan	550
82.5KG	K.Mahani	170	K.Mahani	122.5	K.Mahani	185	K.Mahani	477.5
90KG	K.Mahani	185	K.Mahani	145	K.Mahani	200	K.Mahani	530
100KG	Standard	162.5	Standard	110	Standard	175	Standard	447.5
110KG	Standard	170	Standard	115	Standard	180	Standard	465
125KG	Standard	175	Standard	117.5	Standard	185	Standard	477.5
125+KG	Standard	185	Standard	120	Standard	195	Standard	500

**Under 24 Men**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
52KG	Standard	122.5	Standard	75	Standard	130	Standard	327.5
56KG	Standard	132.5	Standard	80	Standard	140	Standard	352.5
60KG	S Thompson	153.5	S Thompson	102.5	S Thompson	177.5	S Thompson	430
67.5KG	J.Strachan	220	J.Strachan	150	J.Strachan	230	J.Strachan	600
75KG	J.Strachan	240	J.Strachan	130	M.Lusty	210	J.Strachan	580
82.5KG	M .Burge	220	M .Burge	140	M .Burge	202.5	M .Burge	562.5
90KG	A Burge	275	K.Mahani	147.5	A Burge	265	A Burge	685
100KG	K.Mahani	240	K.Mahani	188.5	T Cleave	235	K.Mahani	650
110KG	J Radich	270	R Nanayakkara	230	D.Tomuli	270	J Radich	730
125KG	D.Nemani	250	D.Tomuli	170	D.Nemani	250	D.Nemani	640
125+KG	J.McFarlane	340	J.McFarlane	150	J.McFarlane	302.5	J.McFarlane	792.5

**Masters Men 40-49**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
52KG	Standard	117.5	Standard	70	Standard	125	Standard	312.5
56KG	Standard	127.5	Standard	75	Standard	135	Standard	337.5
60KG	K.Strachan	157.5	Standard	82.5	Standard	147.5	K.Strachan	380
67.5KG	G.Wright	165	G.Wright	120	G.Wright	185	G.Wright	470
75KG	G.Wright	180	J.Moss	163.5	J.Moss	200	J.Moss	512.5
82.5KG	S.King	262.5	S.King	142.5	S.King	262.5	S.King	655
90KG	S.King	250	S.King	135	S.King	235	S.King	620
100KG	J.Tafua	265	J.Tafua	175	J.Tafua	260	J.Tafua	680
110KG	S.Lousich	290	S.Lousich	252.5	J.Tafua	280	S.Lousich	790
125KG	S.Lousich	312.5	S.Lousich	260.5	B.Potter	287.5	B.Potter	810
125+KG	L.Stewart	375	N.Lauaki	257.5	N.Lauaki	300	N.Lauaki	885

**Masters Men 50-59**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
52KG	Standard	112.5	Standard	67.5	Standard	117.5	Standard	310
56KG	Standard	115	Standard	72.5	Standard	127.5	Standard	332.5
60KG	K.Strachan	132.5	K.Strachan	75	K.Strachan	137.5	K.Strachan	345
67.5KG	K.Strachan	165	K.Strachan	100	K.Strachan	175	K.Strachan	440
75KG	T.Thomas	190	T.Thomas	125	T.Thomas	190	T.Thomas	505
82.5KG	G.Anderson	205	G.Anderson	140	G.Anderson	280	G.Anderson	620
90KG	C.Parsons	230	C.Parsons	130	G.Anderson	260	C.Parsons	615
100KG	G.Fletcher	240	G.Fletcher	117.5	G.Fletcher	257.5	G.Fletcher	602.5
110KG	J.Tafua	290	J.Tafua	152.5	J.Tafua	292.5	J.Tafua	732.5
125KG	Standard	200	Standard	112.5	Standard	215	Standard	527.5
125+KG	W.Tau	290	W.Tau	180	W.Tau	250	Standard	710

**Masters Men 60+**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
52KG	Standard	105	Standard	47.5	Standard	112.5	Standard	265
56KG	Standard	112.5	Standard	52.5	Standard	122.5	Standard	287.5
60KG	Standard	120	Standard	57.5	Standard	130	Standard	307.5
67.5KG	Standard	127.5	Standard	62.5	Standard	142.5	Standard	332.5
75KG	Standard	135	M.Steiner	85	Standard	150	Standard	352.5
82.5KG	G.Anderson	202.5	G.Anderson	135	G.Anderson	282.5	G.Anderson	615
90KG	T.Venning-Tho	180	T.Venning-Tho	137.5	T.Venning-Tho	180	T.Venning-Tho	497.5
100KG	G.Fletcher	220	G.Fletcher	105	G.Fletcher	235	G.Fletcher	560
110KG	G.Fletcher	222.5	G.Fletcher	100	G.Fletcher	230	G.Fletcher	550
125KG	Standard	182.5	Standard	102.5	Standard	202.5	Standard	487.5
125+KG	Standard	190	Standard	110	Standard	215	Standard	515

**Masters Men 70+**

Class	Squat	Weight	Bench Press	Weight	Deadlift	Weight	Total	Weight
52KG	Standard	95	Standard	27.5	Standard	105	Standard	227.5
56KG	Standard	102.5	Standard	32.5	Standard	112.5	Standard	247.5
60KG	Standard	110	Standard	37.5	Standard	120	Standard	267.5
67.5KG	Standard	117.5	Standard	42.5	Standard	127.5	Standard	287.5
75KG	Standard	125	Standard	47.5	Standard	135	Standard	307.5
82.5KG	Standard	132.5	Standard	52.5	Standard	142.5	Standard	327.5
90KG	Standard	140	W.Farrant	65	Standard	150	Standard	355
100KG	G.Fletcher	170	Standard	62.5	G.Fletcher	210	G.Fletcher	440
110KG	G.Fletcher	175	G.Fletcher	90	G.Fletcher	227.5	G.Fletcher	492.5
125KG	Standard	182.5	Standard	72.5	Standard	235	Standard	490
125+KG	Standard	190	Standard	77.5	Standard	242.5	Standard	510

**AUCKLAND POWERLIFTING RECORDS**

Updated 30-May-10

Open Men

Class	Bench Press	Weight
52KG	Standard	80
56KG	Standard	90
60KG	Standard	105
67.5KG	J.Strachan	150
75KG	S.Thompson	160
82.5KG	D.Giblin	175
90KG	D.O'Gorman	177.5
100KG	S.Lousich	210
110KG	S.Lousich	250.5
125KG	S.Lousich	260.5
125+KG	G.Taamaru	275

**Masters 40-49**

Class	Bench Press	Weight
52KG	Standard	70
56KG	Standard	75
60KG	Standard	82.5
67.5KG	Standard	92.5
75KG	J.Moss	150
82.5KG	R. Newman	182.5
90KG	S King	135
100KG	J.Tafua	172.5
110KG	S.Lousich	250.5
125KG	S.Lousich	260.5
125+KG	N.Lauaki	257.5

**Masters 60-69**

Class	Bench Press	Weight
52KG	Standard	57.5
56KG	Standard	62.5
60KG	Standard	67.5
67.5KG	Standard	75
75KG	M.Steiner	85
82.5KG	G.Anderson	135
90KG	T.Venning-Thc	137.5
100KG	Standard	95
110KG	Standard	100
125KG	Standard	105
125+KG	Standard	110

**BENCHPRESS**

Under 24

Class	Bench Press	Weight
52KG	Standard	75
56KG	Standard	85
60KG	Standard	97.5
67.5KG	J.Strachan	150
75KG	J.Strachan	130
82.5KG	M.Grey	142.5
90KG	A Burge	145
100KG	K.Mahani	180
110KG	J Radich	190
125KG	Standard	157.5
125+KG	Standard	165

**Masters 50-59**

Class	Bench Press	Weight
52KG	Standard	67.5
56KG	Standard	72.5
60KG	Standard	75
67.5KG	K.Strachan	95
75KG	Standard	92.5
82.5KG	D Beaumont	160
90KG	Standard	110
100KG	Standard	117.5
110KG	J.Tafua	157.5
125KG	Standard	130
125+KG	Willie Tau	170

**Masters 70+**

Class	Bench Press	Weight
52KG	Standard	47.5
56KG	Standard	52.5
60KG	Standard	57.5
67.5KG	Standard	62.5
75KG	Standard	67.5
82.5KG	Standard	72.5
90KG	Standard	77.5
100KG	Standard	82.5
110KG	G.Fletcher	90
125KG	Standard	92.5
125+KG	Standard	97.5