

Central District Bench Press 2009 Powerhouse Gym Novice 3 Lift 2009

M/W	Nbr	Class	BW	Name	Gym	SQUAT			SQ	BENCH PRESS			BP	Sub.	DEADLIFT			DL	Tot.	Points	Place	SQ	BP	DL
						1.	2.	3.	Result	1.	2.	3.	Result	Tot.	1.	2.	3.	Result	Result				4.	4.
GROUP I																								
W		600W	57.70	Aimee Banks		82.5	85.0	90.0	90.0	50.0	52.5	52.5	50.0	140.0	90.0	95.0	105.0	105.0	245.0	281.60	1.			
M		750	74.50	Alex Tashkoff		105.0	115.0	125.0	125.0	85.0	90.0	95.0	90.0	215.0	115.0	130.0	140.0	140.0	355.0	254.14	1.			
M		125+0	125.50	Costa Alexopoulos		190.0	200.0	205.0	205.0	140.0	147.5	152.5	152.5	357.5	200.0	220.0	230.0	230.0	587.5	334.52	1.			
M		100M1	91.60	Nick Toulis		160.0	175.0	185.0	185.0	110.0	120.0	132.5	132.5	317.5	190.0	210.0	220.0	210.0	527.5	333.80	1.			
M		125+M2	126.80	Chris Kitto		120.0	130.0	140.0	140.0	110.0	120.0	130.0	130.0	270.0	160.0	170.0	180.0	180.0	450.0	255.69	1.			
M		90M2	83.90	John Rivers		150.0	165.0	165.0	150.0	107.5	115.0	115.0	107.5	257.5	160.0	175.0	185.0	175.0	432.5	286.88	1.			
M		82SJnr	81.00	Matthew Schwass		210.0	220.0	220.0	210.0	97.5			-----	Disq				-----	Disq					
M		820	79.00	Matt Isaac		80.0	90.0	95.0	95.0	70.0	80.0	85.0	80.0	175.0	115.0	125.0	135.0	135.0	310.0	213.34	1.			
M		1000	97.20	David Sutton		122.5	127.5	135.0	135.0	105.0	112.5	117.5	117.5	252.5	170.0	180.0	190.0	190.0	442.5	272.49	1.			
GROUP II																								
M		82Jnr	80.60	Nicholas Fyfe						90.0	100.0	107.5	107.5	107.5					107.5	73.05	2.			
M		820	77.40	Nick De Martin						120.0	130.0	140.0	130.0	130.0					130.0	90.68	1.			
M		750	70.00	Pere Rodgers						150.0	150.0	160.0	150.0	150.0					150.0	112.41	1.			
M		75SJnr	73.50	Nathan Hope						92.5	102.5	102.5	92.5	92.5					92.5	66.86	1.			
M		900	87.00	Will Gimpsey						140.0	150.0	150.0	140.0	140.0					140.0	90.99	1.			
M		125+Jnr	128.80	Matt Rowland						130.0	150.0	160.0	160.0	160.0					160.0	90.64	1.			
M		100M1	98.50	Russell Oliver						160.0	160.0	165.0	-----	Disq					Disq					
M		82Jnr	80.00	Adam Keyes						110.0	115.0	120.0	120.0	120.0					120.0	81.92	1.			
M		82Jnr	75.10	Hayden Bare						95.0	100.0	105.0	100.0	100.0					100.0	71.19	3.			
M		75Jnr	75.00	Kyle Dudley						95.0	102.5	107.0	102.5	102.5					102.5	73.04	1.			
M		90Jnr	86.70	Jermey Broad						120.0	120.0	130.0	120.0	120.0					120.0	78.13	1.			
M		82SJnr	76.80	Hayden Williams						95.0	100.0	102.5	100.0	100.0					100.0	70.11	1.			

Records:

Side Referee Maria Brightwater-Wharf

Chief Referee Phil Townley

Side Referee Warren Trent

