

Central Districts Champs 2010

M/W	Lot	Class	BW	Name	Gym	SQUAT			SQ	BENCH PRESS			BP	Sub.	DEADLIFT			DL	Tot.	Points	Place	SQ	BP	DL
						1.	2.	3.	Result	1.	2.	3.	Result		Result	Result	Result	4.				4.	4.	
GROUP 1																								
W	1	OW-52	51.90	Celia McMillian	Equipped	105.0	117.5	120.0	120.0	67.5	75.0	80.0	80.0	200.0	105.0	115.0	120.0	115.0	315.0	393.28	1.			
W	2	OW-67.5	67.30	Lyndelle Neho	Equipped	107.5	117.5	120.0	120.0	57.5	60.0	70.0	70.0	190.0	100.0	110.0	117.5	110.0	300.0	306.84	1.			
W	3	OW-60	59.30	Aimee Banks	Equipped	107.5	117.5	120.0	120.0	57.5	60.0	65.0	60.0	180.0	107.5	110.0	117.5	117.5	297.5	334.72	1.			
W	4	JRW-75	70.70	Jacquelynne Hamilton	Raw	75.0	95.0	105.0	95.0	45.0	55.0	60.0	55.0	150.0	120.0	140.0	145.0	145.0	295.0	291.49	1.			
W	5	OW-56	55.50	Sharnell Duncan	Equipped	65.0	70.0	77.5	77.5	57.5	60.0	62.5	60.0	137.5	100.0	102.5	107.5	107.5	245.0	290.30	1.			
W	6	M1W-90+	90.80	Ailsa Bay	Raw	80.0	85.0	90.0	90.0	52.5	57.5	60.0	60.0	150.0	102.5	107.5	115.0	115.0	265.0	228.14	1.			
M	7	O-82.5	77.40	Nicholas Fyfe	Equipped	130.0	132.5	137.5	130.0	100.0	107.5	115.0	107.5	237.5	150.0	160.0	170.0	160.0	397.5	277.26	1.			
M	8	M2-82.5	81.50	John Rivers	Equipped	170.0	185.0	185.0	170.0	115.0	115.0	115.0	115.0	285.0	170.0	190.0	205.0	190.0	475.0	320.58	1.			
M	9	O-75	72.50	Ben Haughey	Equipped	175.0	190.0	200.0	190.0	100.0	110.0	117.5	110.0	300.0	200.0	215.0	227.5	215.0	515.0	375.95	1.			
M	10	M1-75	72.90	Alex Tashkoff	Raw	110.0	125.0	135.0	125.0	80.0	90.0	95.0	80.0	205.0	155.0	170.0	180.0	180.0	385.0	279.93	1.			
M	11	JR-82.5	80.00	Matthew Schwass	Raw	195.0	210.0	220.0	210.0	105.0	112.5	117.5	117.5	327.5	200.0	215.0	222.5	215.0	542.5	370.36	1.			
M	18	SJR-82.5	81.20	Robert Quigley McBride	Equipped	145.0	155.0	162.5	162.5	110.0	115.0	115.0	110.0	272.5	180.0	190.0	205.0	190.0	462.5	312.84	1.			
GROUP 2																								
M	13	M1-100	97.20	Nick Toulis	Equipped	190.0	210.0	220.0	220.0	125.0	135.0	140.0	135.0	355.0	195.0	220.0	242.5	242.5	597.5	367.94	1.			
M	14	JR-100	97.40	David Harrison	Equipped	225.0	245.0	245.0	225.0	125.0	132.5	137.5	132.5	357.5	230.0	255.0	262.5	255.0	612.5	376.81	1.			
M	15	O-110	105.00	Clinton Haste	Equipped	260.0	260.0	260.0	260.0	165.0	180.0	180.0	180.0	440.0	210.0	230.0	230.0	210.0	650.0	388.44	1.			
M	16	O-90	89.80	Willam McGimpsey	Equipped	207.5	210.0	235.0	235.0	140.0	145.0	155.0	145.0	380.0	225.0	240.0	255.0	240.0	620.0	396.24	2.			
M	17	JR-90	89.10	Chris Tilley	Raw	160.0	175.0	190.0	175.0	100.0	110.0	120.0	110.0	285.0	180.0	200.0	212.5	212.5	497.5	319.25	1.			
M	19	O-125+	150.30	Stephen Kidd	Raw	140.0	150.0	170.0	170.0	132.5	145.0	155.0	145.0	315.0	195.0	210.0	227.5	227.5	542.5	300.06	1.			
M	20	M2-100	98.85	John Gyenge	Raw	130.0	140.0	150.0	140.0	102.5	107.5	112.5	112.5	252.5	145.0	155.0	155.0	-----	Disq					
M	21	M2-100	99.70	Warren Trent	Equipped	212.5	225.0	227.5	-----	142.5	145.0	145.0	142.5	Disq	210.0	222.5	230.0	230.0	Disq					
M	22	M1-100	98.70	Steve Luck	Equipped	200.0	210.0	220.0	220.0	137.5	147.5	147.5	137.5	357.5	225.0	235.0	242.5	235.0	592.5	362.49	2.			
M	23	O-125	124.30	Costa Alexopoulos	BP Shirt	200.0	220.0	225.0	225.0	150.0	160.0	167.5	160.0	385.0	225.0	240.0	250.0	250.0	635.0	362.27	1.			
M	24	O-90	98.80	Craig McMillian	Equipped	222.5	237.5	250.0	250.0	175.0	192.5	200.0	192.5	442.5	222.5	237.5	257.5	257.5	700.0	428.12	1.			
M	25	M2-100	92.70	Laurence Voight	Equipped	162.5	172.5	172.5	172.5	115.0	122.5	127.5	127.5	300.0	205.0	215.0	230.5	230.0	530.0	333.48	1.			

Records: Celia McMillan, Open W, BENCH PRESS, 80kg, Class 52kg
 Ailsa Bay, Mas-1 W, BENCH PRESS, 60kg, Class 90kg+
 Ailsa Bay, Mas-1 W, DEADLIFT, 115kg, Class 90kg+

Ailsa Bay, Mas-1 W, TOTAL, 265kg, Class 90kg
 John Rivers, Mas-2 M, Bench-Press, 115kg, Class 82.5kg
 Matthew Schwass, Jnr M, SQUAT, 215kg, Class 82.5kg
 Robert Quigley McBride, Sub Jnr M, BENCH PRESS, 110kg, Class 82.5kg

Craig McMillan, Open M, BENCH PRESS, 192.5kg, Class 90k
 Craig McMillan, Mas-1 M, BENCH PRESS, 192.5kg, Class 90kg
 Laurence Voight, Mas-2 M, DEADLIFT, 230.5kg, Class 100kg

Side Referee Phil Townley Jnr

Chief Referee Matt Jonson

Side Referee Maria Brightwater-Wharf