

## NEW ZEALAND POWERLIFTING FEDERATION

Novice Competition		Date	7th November 2009			Venue	Morrinsville Fitness Centre Morrinsville									
Name	Category	Wt Class	Bdy Wt	Squat			Bench			Sub T	Deadlift			Total	Place	Wilks
				1	2	3	1	2	3		1	2	3			
Heath Henry	open	75 kg	73.75	135	142.5	150	117.5	120	122.5#	<b>270</b>	135	145	160	<b>430</b>	Novice	
John Esterbauer	Sub Jnr	52 kg	49.60	70	80	87.5	45	50	52.5	<b>140</b>	90	100	105	<b>245</b>	Novice	
Pat Excell	M1	90 kg	86.95	150	160	170	140	147.5	152.5#	<b>317.5</b>	150	160	170	<b>487.5</b>		
Paul WinWood	Open	110 kg	109.85	200	220	227.5	160	167.5	175	<b>402.5</b>	240	265	272.5#	<b>667.5</b>	Novice	
Julian Perry	M1	100 kg	93.85	150	165	180	100	115	120	<b>300</b>	180	200	210	<b>510</b>		
Troy Marshall	Open	100 kg	98.25	180	190#	190	130	140	145	<b>335</b>	220	230	240	<b>575</b>	Novice	
Jamey Winter	M1	110 kg	104.55	245#	245	270	185	190	195	<b>465</b>	230	250	270#	<b>715</b>		
Nigel Cordes	Open	125 kg	122.50	185	200	210	160	167.5	175	<b>385</b>	242.5	255	265	<b>650</b>	Novice	
Aaron Biddick	Junior	100 kg	94.40	140#	147.5	155#	90	97.5#	100	<b>247.5</b>	190	205	215	<b>462.5</b>	Novice	
Daniel Ebbet	Open	82.5 kg	79.95	135	145	155#	90	100#	100#	<b>235</b>	170	185	200#	<b>420</b>	Novice	
Jason Blight	Open	82.5 kg	78.90	135	145	155	90	100	115	<b>270</b>	150	170	185	<b>455</b>	Novice	
Kevin Waiari	M1	82.5 kg	81.15	100	120	130	65	75	85#	<b>205</b>	120	135	150	<b>355</b>	Novice	
Geoff Smits	Open	125 kg	122.10	275	295#	0	210	215#	0	<b>485</b>	275	300#	300#	<b>760</b>		
Jasmine Waiari	M1	82.5 kg	79.90	110	120	127.5	82.5	87.5	93 *	<b>220.5</b>	130	140	150#	<b>360.5</b>		
Shay Mahon	Sub Jnr	82.5 kg	78.60	110	120#	120	85#	90#	90	<b>200</b>	120	140	155	<b>355</b>	Novice	
Scott Parsons	Open	110 kg	100.10	100	152.5	220	212.5	217.5*	230*	<b>450</b>	180#	180	240	<b>690</b>		
Alex Fergus	Open	90 kg	88.50	150	180	195#	90	95	100	<b>200</b>	100	140	180#	<b>420</b>	Novice	
* Record																
# Failed Lift.																
Inspected: Side Referee Paul Sellars Nat			Centre Referee: June Johnson Catt 2							Side Referee: Colleen Cadman Prov						